



NLP Canada Training

NLP Practitioner Certification

This 8 day training runs live on Zoom, scheduled to be accessible in all North American time zones. You'll become more self-aware, overcome internal blocks and barriers, and collaborate and lead better. It's a uniquely effective way to deliver soft skills development in emotional intelligence, critical thinking, decision making and communication.

What is NLP?

Neurolinguistic programming (NLP) is a toolkit for learning, development and change. It was developed in the 1970s as a practical way to help people gain better choices about their states, goals and relationships. Training in NLP involves working through a series of exercises to improve awareness, develop new habits in thinking and communication, and set motivating goals.

Is Now the Right Time for You?

Most people study NLP because they are stuck. You might be stuck with emotions or beliefs that aren't helping you move forward. You might be stuck because you know it's time to make a choice and you don't know how to choose. Or you might be stuck because you've started a new job or project and you know that you need better soft skills to make the impact you want to make.

You could wait. . . and stay stuck for much longer. Or you could decide to make a difference now so that you feel better and do better without the wait.

Your Investment

| | |
|--|--------------------------------|
| Individual | \$1750 + applicable taxes |
| Couples or Groups | \$1250 each + applicable taxes |
| Full-time students and Retired Seniors | \$1250 + applicable taxes |

Customized Payment Plans

Does the fee for the course seem like a mountain? Carve it down into smaller steps. We'll work with you to develop a payment plan you can manage. And there are no extra interest charges or fees as long as you make your payments regularly.

What Will You Learn?

The purpose of the NLP Practitioner certification is to develop the set of skills necessary to recognize how people create the results they get. This involves improved self-awareness, goal setting, taking action and responding to feedback, and engaging and influencing other people.

Key Skills Developed

| Self-Management | Awareness | Communication |
|--------------------------------------|-------------------------------|-------------------------------|
| <i>Recognize & Change States</i> | <i>Sensory coding</i> | <i>Emotional intelligence</i> |
| <i>Manage Stress</i> | <i>3 Perceptual positions</i> | <i>Rapport</i> |
| <i>Set Effective Goals</i> | <i>Framing</i> | <i>Language of agreement</i> |
| <i>Develop congruence</i> | <i>Strategies</i> | <i>Stories for influence</i> |

How Will You Learn?

The only way to develop skills is to practice, get feedback, and practice again. The core of this course is a brief explanation of each exercise, followed by an opportunity to do the exercise (usually twice in different roles) and then get feedback on what worked before you move to the next exercise. We work live on Zoom and you will spend most of your time in a breakout space with one or two other people. We developed a schedule that keeps your attention fresh and focused throughout the day.

What Results Can You Expect?

During the course, people often experience some confusion. That's not a problem: it's a sign that they are quickly assimilating new thinking. As the confusion settles, people feel more confident and more motivated. Many people report that they become very busy and that they achieve things they have been putting off or things they expected to take much longer to achieve. People also report improved relationships: they have learned to notice their feelings and expectations and make adjustments in difficult conversations.

Dates for 2023/2024

| Season | Start | All Training Dates |
|---------------|----------------|---|
| Fall | Sept. 30, 2023 | 4 weekends: Sept 30/Oct 1 & Oct 14/15 & Oct 28/29 & Nov 11/12 |
| Winter | Jan. 26, 2024 | 3 weekends: Fri/Sat/Sun Jan 26/27/28 and Fri/Sat/Sun Feb 9/10/11 and Sat/Sun Feb. 24/25 |
| Winter/Spring | March 8, 2024 | 3 weekends: Fri/Sat/Sun Mar 8/9/10 and Fri/Sat/Sun Mar 22/23/24 and Sat/Sun Apr 6/7 |
| Spring | April 19, 2024 | 3 weekends: Fri/Sat/Sun Apr 19/20/21 and Fri/Sat/Sun May 3/4/5 and Sat/Sun May 25/26 |

For More Information and To Register

Please connect if you'd like more information. We handle all registrations by phone to protect your information and your experience.

Email: linda@nlpcanada.com

Phone or Text: 289-242-5089